

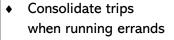
## SOCIAL JUSTICE SPRING SERIES

# CATHOLIC SOCIAL TEACHING PRINCIPLE: CARE FOR GOD'S CREATION WE HOLD THE HEALTH OF OUR EARTH IN OUR HANDS!

"There is a nobility in the duty to care for creation through little daily actions. -(211) Pope Francis's encyclical letter on ecology.

# Divine Savior Friends....Please consider these earth friendly actions that we can take as individuals:

#### Around Town:





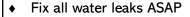
- If you can, plan your errands when there is less traffic to save car idling
- Remember to bring your own grocery and produce bags when shopping

#### More Around the House:



- ◆ Turn off lights and the TV when leaving a room (Lighting accounts for around 15% of an average home's electricity use)
- ◆ Change to LED light bulbs (they use 75% less energy)
- Unplug electronic devices, including televisions, microwaves, scanners, and printers, when you go on vacation. These devices use standby power to save warm-up time. (About a quarter of all residential energy consumption is used on devices in idle power mode, according to a study of Northern California by the Natural Resources Defense Council). Use power strips for these devices to simplify plugging and unplugging.
- Give away useable household items/clothing instead of throwing them away
- Purchase used household items and furniture

## **Around the House:**





- Turn off the water while brushing your teeth
- Remember, most dishwashers don't require extensive pre-washing
- Eat more vegetables (growing plants takes less water than producing meat)
- If you use the bathroom during the night consider the old phrase "If it's yellow let it mellow, if it's brown, flush it down!"
- While waiting for water to get hot from the faucet/ shower, keep a bucket or pitcher nearby to capture the water and use it for other things
- Consider installing a recirculating pump on your water heater to save water waiting for it to get hot.
- Wash clothes in cold water and don't wash them unless it's truly needed
- Use biodegradable soap and cleaning supplies
- Wool balls in the dryer cuts down on drying time

"If the simple fact of being moves people to care for the environment of which they are a part, Christians in their turn realize that their responsibility within creation, and their duty toward nature and the Creator, are an essential part of their faith" (#64)

-Encyclical by Pope Francis "Laudato Si': On Care for Our Common Home."



# In Our Yards:

- Consider removing lawns and planting drought tolerant plants that attract pollinators
- Plant native plants and more trees for shade and to clean the air
- Use drip irrigation and mulch to hold moisture
- Compost or consider a worm bin for creating natural fertilizer
- Limit use of pesticides. Bugs have important jobs to do in nature!
- Leave an area of leaf litter in your garden where bugs/pollinators can over-winter (you can clean it up in late Spring or leave it as mulch)
- Plant food producing plants in your yard for you, your neighbors and God's creatures
- Capture roof run-off for non-edible plant watering

"The earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations."

- John Paul II

#### Animal Life:

- Use live traps to relocate undesirable creatures
- Remember: Poisons that kill creatures can have a secondary effect when another creature eats the dead one
- Install "bat houses" to control mosquitoes
- In the hottest months put out fresh water for creatures and insects
- Remember antifreeze dripping from a car can kill creatures
- Protect/support precious animal habitat



# Overall:

Support renewable energy sources
Support local farmers and sustainable food systems
Support products with less packaging
Recycle, Reduce and Reuse at every opportunity!

To learn more visit: https://www.usccb.org/issues-and-action/human-life-and-dignity/environment/index.cfm